



## Children's Storybook List

### Picture Books About Death and Grieving

- *Always and Forever* - Alan Durant
- *A Place in my Heart* - Annette Aubrey
- *Badger's Parting Gifts* - Susan Varley
- *Blow Me A Kiss Miss Lilly* - Nancy White Carlstrom
- *Cry, Heart, But Never Break*-Glenn Ringtved
- *Cat Heaven* - Cynthia Rylant
- *Chester Raccoon and The Acorn Full of Memories* - Audrey Penn
- *Dog Heaven* - Cynthia Rylant
- *Don't Despair on Thursdays* - Adolph Moser
- *Dream Clouds* - Alesia K. Alexander Layne
- *Everett Anderson's Goodbye* - Lucelle Clifton
- *Grandma's Gloves* - Cecil Castellucci
- *Grandmother's Visit*-Betty Quan
- *How I Feel: A Coloring Book for Grieving Children* - Alan D. Wolfelt
- *I Know I Made It Happen* - Lynn Bennett Blackburn
- *I Miss You: A First Look At Death* - Pat Thomas
- *Ida Always* - Caron Levis and Charles Santoso
- *I Will Always Love You* - Hans Wilhelm
- *If Nathan Were Here* - Karen A. Jerome
- *It Must Hurt A Lot* - Doris Sanford
- *Lifetimes: The Beautiful Way to Explain Death to Children* - Bryan Mellonie & Robert Ingpen
- *Lighthouse: A Story of Remembrance* - Robert Munsch
- *Life Is Like The Wind*-Shona Innes
- *Missing Mommy* - Rebecca Cobb
- *Mama's Right Here*-Susan Kerner
- *My Grandmother Showed Me The Stars* - Becky Kelly
- *My Grandson Lew* - Charlotte Zolotow
- *My Forever Guardian: Healing with friends from the loss of a loved one*-Kristina Bingham Jones
- *Nana Upstairs and Nana Downstairs* - Tomie de Paolo
- *One Wave at a Time A Story About Grief And Healing*-Holly Thompson
- *The Heart And The Bottle* - Oliver Jeffers
- *The Memory Tree* - Britta Teckentrup
- *The Memory Box A Book About Grief*-Johanna Rowland
- *The Empty Place* - Roberta Temes
- *The Funeral* - Matt James
- *The Dandelion's Tale* - Kevin Sheehan and Rob Dunlavey
- *The Rough Patch* - Brian Lies
- *The Sad Dragon: A Dragon Book About Grief and Loss*-Steve Herman
- *The Scar* - Charlotte Moundlic
- *Tales of the Gambling Grandma* - Dayal Kaur Khalsa
- *The Tenth Good Thing About Barney* - Judith Viorst
- *The Two of Them* - Aliki
- *Where Are You A Child's Book About Loss*-Laura Olivieri
- *What Happens When a Loved One Dies: Our First Talk About Death* - Dr. Jillian Roberts
- *When Dinosaurs Die* - Laurie Krasny Brown



- *Why Would Someone Want To Die* - Rebecca Schmidt

### **Workbooks/Resources for Children**

- *After a Murder: A Workbook for Grieving Kids* - The Dougy Centre
- *After a Suicide Death: An Activity Book for Grieving Kids* - The Dougy Centre
- *Finding Your Own Way to Grieve: A Creative Activity Workbook for Kids and Teens on the Autism Spectrum* - Karla Helbert
- *I Have A Question About Death: Clear Answers for All Kids, Including Children With Autism Spectrum Disorder or Other Special Needs*-Arlen Grad Gaines & Meredith Englander Polsky
- *When Someone Has a Very Serious Illness* - Marge Heegaard
- *When Someone Very Special Dies* - Marge Heegaard
- *When Something Terrible Happens* - Marge Heegaard

### **Other Books for Children**

**(Not necessarily about death but can be used to support children who are experiencing a loss)**

- *The Amazing Life Cycle of Butterflies* - Kay Barnham
- *Cancer Hates Kisses* - Jessica Reid Sliwerski
- *The Goodbye Book* - Todd Parr
- *Grandfather and I* - Helen E. Buckley & Jan Ormerod
- *Grandma Forgets* - Paul Russell & Nicky Johnston
- *Grandmother and I* - Helen E. Buckley & Jan Ormerod
- *I'd Know You Anywhere My Love* - Nancy Tillman
- *The Invisible String* - Patrice Karst
- *I Love You Forever* - Robert Munsch
- *The Kissing Hand* - Audrey Penn
- *Love You When* - Linda Kranz
- *Only One You* - Linda Kranz
- *Someday* - Alison McGhee & Peter H. Reynolds
- *Something From Nothing* - Phoebe Gilman
- *A Terrible Thing Happened* - Margaret M. Holmes
- *What do You Do with a Problem?* - Kobi Yamada
- *Wherever You Are My Love Will Find You* - Nancy Tillman

### **Feelings**

- *Angry Arthur* - Hiawyn Oram & Satoshi Kitamura
- *Double-Dip Feelings* - Barbara Cain
- Heinemann Read and Learn: *Angry; Brave; Caring; Embarrassed; Happy; Impatient; Jealousy; Lonely; Proud; Sad; Shy; Worried*. Series of books by Sarah Medina
- *Hope is an Open Heart* - Lauren Thompson
- *How Are You Peeling? Foods With Moods* - Saxton and Joost Elffers
- *Michael Rosen's Sad Book* - Michael Rosen
- *My Many Colored Days* - Dr. Seuss
- *Ruby and the Rubbish Bin* - Margot Sunderland
- *The Hurt* - Teddi Doleski
- *Today I Feel Silly & Other Moods That Make My Day* - Jamie Lee Curtis
- *The Very Cranky Bear* - Nick Bland
- *The Way I Feel* - Janan Cain
- *When Sophie Gets Angry* - Molly Bang
- *Wonder What I Feel Today?* (coloring book) - Hazelden Production
- *You're Angry: Throw a Fit or Talk it Out?: You Choose the Feeling* - Connie Colwell Miller
- *The Rabbit Listened*-Cori Doerfeld

**Langley Hospice Society Supportive Program Centre**

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- When Sadness Is At Your Door-Eva Eland

## Teen Grief

- *Deconstruction/Reconstruction: A Grief Journal* - The Dougy Centre
- *Dead Is A Four Letter Word: A Young Person's Guide Through Grief* - John Kennedy Saynor,
- *Death is Hard to Live With: Teenagers Talk about How to Cope with Loss* - Janet Bode
- *Fire in My Heart, Ice in My Veins: A Journal for Teenagers Experiencing a Loss* - Enid Traisman Samual
- *Grieving for the Sibling You Lost: A Teen's Guide to Coping with Grief & Finding Meaning After Loss* - Erica Goldblatt Hyatt
- *Healing a Teen's Grieving Heart* - Alan D. Wolfelt
- *Healing Your Grieving Heart: For Teens* - Alan D. Wolfelt
- *Helping Teens Cope with Death* - The Dougy Center
- *Straight Talk about Death for Teenagers: How to Cope with Losing Someone You Love* - Earl A. Grollman
- *Teenagers Face to Face with Bereavement* - Karen Gravelle & Charles Haskins
- *Teen Grief Relief* - Heidi Horsley & Gloria Horsley
- *The Grieving Teen* - Helen Fitzgerald
- *Weird Is Normal When Teenagers Grieve* - Jenny Lee Wheeler & Heidi Horsley
- *When a Friend Dies: A Book for Teens About Grieving & Healing* - Marilyn E. Gootman
- *When Will I Stop Hurting? Teens, Loss and Grief, It Happened to Me* - Kelly Adams
- *You Are Not Alone: Teens Talk About Life After the Loss of a Parent* - Lynne B Hughes

## Adult Books

- *35 Ways to Help a Grieving Child: Guidebook Series* - The Dougy Center
- *Bereaved Children and Teens: A Support Guide for Parents and Professionals* - Earl A. Grollman
- *Caring for Your Grieving Child: Engaging Activities for Dealing with Loss & Transition* - Martha Wakenshaw
- *Child's View of Grief* - Alan D. Wolfelt
- *Children and Grief: When a Parent Dies* - William J. Worden
- *Dead Is a Four Letter Word: A Young Person's Guide Through Grief* - John Kennedy Saynor
- *Effective Grief and Bereavement Support: The Role of Family, Friends, Colleagues, Schools and Support Professionals* - Atle Dyregrov & Kari Dyregrov
- *The Empty Room: Understanding Sibling Loss* - Elizabeth DeVita-Raeburn
- *Fatherless Women: How We Change After We Lose Our Dads* - Clea Simon
- *Finding the Words: How to Talk with Children and Teens about Death, Suicide, Funerals, Homicide, Cremation, and other End-of-life Matters* - Alan D. Wolfelt
- *The Grieving Child* - Helen Fitzgerald
- *Healing a Child's Grieving Heart* - Alan D. Wolfelt
- *Helping Children Cope With Separation and Loss* - Claudia Jewett Jarratt
- *How do We Tell the Children?* - Daniel Schaefer & Christine Lyons
- *How It Feels When a Parent Dies* - Jill Krementz
- *Children Mourning: Mourning Children* - Kenneth Doka
- *Grief and Bereavement In Contemporary Society* - Robert A Neimeyer
- *Living With Grief: Children and Adolescents* - Kenneth J. Doka & Amy S. Tucci
- *Longing for Dad: Father Loss and Its Impact* - Beth Erickson
- *The Loss That Is Forever: The Lifelong Impact of the Early Death of a Mother or Father* - Maxine Harris
- *Motherless Daughters: The Legacy of Loss* - Hope Edelman
- *Never the Same: Coming to Terms with the Death of a Parent* - Donna Schuurman
- *On Grieving the Death of a Father* - Harold Ivan Smith



- *The Other Side Of Sadness* - George A. Bonanno
- *Parenting a Grieving Child* - Mary Deturris Poust
- *Parenting Through Crisis: Helping Kids in Times of Loss Grief and Change* - Barbara Coloroso
- *The Spiritual Life of Children* - Robert Coles
- *Swallowed By A Snake: The Gift Of The Masculine Side Healing* - Thomas R. Golden
- *Talking About Death: A Dialogue Between Parent & Child* - Earl A. Grollman
- *The Way Men Heal* - Thomas R. Golden
- *When Children Grieve* - Leslie Landon Matthews
- *When A Man Faces Grief* - Thomas R. Gloden
- *When Children Grieve: For Adults to Help Children Deal with Death, Divorce, Pet Loss, Moving and Other Losses* - John W. James, Russell Friedman & Leslie Matthews
- *When The Body Says No: The Cost of Hidden Stress* - Gabor Maté

## **Suicide & Traumatic Death**

- *After a Parent's Suicide: Helping Children Heal* - Margo Requarth
- *After the Suicide: Helping the Bereaved to Find a Path from Grief to Recovery* - Kari Dyregrov
- *After Suicide* - John H. Hewett & Wayne E. Oates
- *But I Didn't Say Goodbye: Helping Children and Families After a Suicide* - Barbara Rubel
- *Children, Teens and Suicide Loss* - The Dougy Centre
- *Healing Your Traumatized Heart* - Alan D. Wolfelt
- *Living with Grief After Sudden Loss* - Kenneth J. Doka
- *Living With the Unimaginable: Life in the Aftermath of Murder-Suicide* - Tawna Righter
- *Red Chocolate Elephants: For Children Bereaved by Suicide* - Diana C. Sands
- *Suicide, Prevention, Intervention and Postvention* – Earl A. Grollman
- *Transforming Traumatic Grief* - Courtney M. Armstrong
- *When Fathers Kill Mother* - Jean Harris-Hendriks, Dora Black, Tony Kaplin

## **Other Resources**

- *Born For Love* - Bruce Perry
- *The Boy Who Was Raised As A Dog* - Dr. Bruce Perry
- *A Child's Work: The Importance of Fantasy Play* - Vivian Gussin Paley
- *Einstein Never Used Flash Cards: How Our Children Really Learn* - Kathy Hirsh-Pasek & Roberta Michnick Golinkoff
- *Emotional Freedom: Liberate yourself from Negative Emotions and Transform Your Life* - Judith Orloff
- *The Gift of ADHD: How to Transform your Child's Problems into Strengths* - Lara Honos-Webb
- *Hold On To Your Kids* - Gordon Neufeld & Gabor Maté
- *How Does Your Brain Work?* - Don L. Curry
- *In an Unspoken Voice* - Peter Levinel't's OK Not To Share - Heather Shumaker
- *In The Realm of The Hungry Ghosts: Close Encounters With Addiction* - Gabor Maté
- *Kids Are Worth It* - Barbara Coloroso
- *The Last Child in the Wood* - Richard Louv
- *Liberated Parents, Liberated Children* - Adele Faber & Elaine Mazlis
- *Mindsight, the New Science of Personal Transformation* - Daniel J. Siegel
- *Parenting From The Inside Out* - Daniel J Siegel
- *Play* - Stuart Brown
- *Please Don't Label My Child* - Scott M. Shannon
- *Positive Discipline A-Z* - Jane Nelson, Lynn Lott & H. Stephen Glenn
- *The Power of Play: Learning What Comes Naturally* - David Elkind
- *Scattered Minds: A New Look at the Origins & Healing of Attention Deficit Disorder* - Gabor Maté
- *The Science of Parenting* - Margot Sunderland



- *Self Esteem A Family Affair* - Jean Illsley Clarke
- *Trauma Proofing Your Kids: A Parent's Guide to Instilling Confidence, Joy and Resilience* - Peter Levine & Maggie Kline
- *Trauma Through A Child's Eyes* - Peter Levine
- *Waking The Tiger* - Peter Levine
- *Welcome to Your Child's Brain: How the Mind Grows from Conception to College* - Sam Wang & Sandra Aamodt
- *The Whole-Brain Child* - Daniel J. Siegel & Tina Payne Bryson
- *Your Child's Self Esteem* - Dorothy Corkille Briggs
- *Your Fantastic Elastic Brain: Stretch It, Shape It* - JoAnn Deak

### **Curriculum/Activity Based Books (not all specific to grief)**

- *100 Interactive Activities for Mental Health & Substance Abuse Recovery* - Carol A. Butler
- *Bereavement Support Group Program for Children* - Beth Haasl & Jean Marnocha
- *Chillax! How Ernie Learns to Chill Out, Relax, and Take Charge of His Anger*-Marcella Marino Craver
- *Creative Family Therapy Techniques: Play, Art, and Expressive Activities to Engage Children in Family Sessions* - Liana Lowenstein
- *Creative Expression Activities for Teens: Exploring Identity through Art, Craft and Journaling* - Bonnie Thomas
- *Coping Skills For Kids Workbook*-Janine Halloran
- *Grief Work for Teens* - Fran Zamore & Ester Leutenberg
- *Helping Children Locked in Rage or Hate* - Margot Sunderland
- *Helping Children Who Bottle Up Their Feelings* - Margot Sunderland
- *Helping Children Who Have Hardened Their Hearts or Become Bullies* - Margot Underland
- *Helping Children with Fear* - Margot Sunderland
- *Helping Children with Low Self-Esteem* - Margot Sunderland
- *Listening To My Body*-Gabi Garcia
- *Social Skills Activities for Special Children* - Darlene Mannix
- *The Big Book of Therapeutic Activity Ideas for Children and Teens: Inspiring Arts-Based Activities and Character Education Curricula* - Lindsey Joiner
- *The MindUP Curriculum, Grades K-2: Brain Focused Strategies for Learning & Living* - The Hawn Foundation
- *Therapeutic Exercises for Children* - Robert D. Friedberg, Barbara A. Friedberg, Rebecca J. Friedberg
- *The Invisible String Workbook: Creative Activities for Comfort, Calm and Connect*-Patrice Karst
- *Therapy Games: Creative Ways to Turn Popular Games Into Activities That Build Self-Esteem, Teamwork, Communication Skills, Anger Management, Self-Discovery, and Coping Skills* - Alanna Jones